

BODY [awesome] Parent Resources

EATING DISORDER

National Eating Disorder Association // www.nationaleatingdisorders.org
Binge Eating Disorder Association // www.bedaonline.com

FEEDING & NUTRITION

The Feeding Doctor // www.thefeedingdoctor.com
Ellyn Satter // www.ellynsatterinstitute.org
Mealtime Hostage // www.mealtimehostage.com

BODY IMAGE RESOURCES

Southern Smash // www.southernsmash.org
McCall Dempsey // www.mccaldempsey.com
Beauty Redefined // www.beautyredefined.net
The Representation Project // therepresentationproject.org
About Face // <http://www.about-face.org/>

BOOKS

Intuitive Eating; Child of Mine; Secrets of Feeding a Healthy Family;
Your Child's Weight: Helping Without Harming (Satter)
Helping Your Child with Extreme Picky Eating (Rowell, McGlothlin)
Life Without Ed; Goodbye Ed, Hello Me (Schaefer)

